The Rs of the CCT experience
(personal, professional, and intellectual development through the CCT Program)

journeying inquirer

focusing in  opening out

Reading
Review
Reasoning w/ respect to evidence & alternatives

Relationship w/ oneself (moving towards autonomy)

Reflection & metacognition

wRiting

Relationships w/ peers & allies (dialogue & collaboration)

Risk & experiment

Rest

Rearrange, adapt & create

Reception: being Read, heard, & Reviewed

Relationships w/ authority (negotiate power & standards)

Revision (incl. dialogue around written work)

Relaxation

Research & evaluation (learning from the work of others & your own)

Respect (explore difference)

Responsibility (concern w/ aims, means & consequences)

Repose

Recursion & practice (address same concern from many angles & in variety of settings)

Reevaluation (of emotions at root of responses) so as to better take initiative

Reconstruction (personal/organizational/social change)

reflective practitioner

wholehearted, responsible engagement with others
"Head, Heart, Hands & Human Connection"

Suggested use of chart: At the end of each semester for as many Rs as you are ready to, provide an example and your current sense of the R's meaning(s). Indicate cross-connections among examples and Rs. Expect the later terms to have more meaning as you progress through the program.